

3/4 B.Tech. SIXTH SEMESTER

ME6L3

PERSONALITY DEVELOPMENT COURSE - II

Credits: 1

Lecture:- 2 periods/week -

Internal assessment: 25marks

Practice: -

Semester end examination: 50 marks

Objectives:

1. To introduce them to various higher traits of personality.
2. To introduce personality patterns.
3. To enable the students to mould themselves into full fledged individuals with holistic personality. To enable them to develop a broad outlook and refined culture.

Learning outcomes:

At the end of course the students will have:

1. Self motivation
2. Professionalism
3. Cultural adaptability
4. Personal quality enhancement

Pre –Requisites:

Personality development I

I. SELF ESTEEM

Self esteem and self image.
Turn failure into success.

II. SELF IMPROVEMENT:

Self confidence.
Goal setting.
Action plan.

III. IMAGE BUILDING

What is image.
Behaviour.
Importance of etiquette.
Positive traits to acquire.
Negative traits to avoid.

IV. MEETING SKILLS.

Types of meetings.
Conducting the meetings

V. CROSS CULTURALISM.

Understanding other cultures
Respecting differences
Adaptability to multiculturalism.

VI. EMPOWERING AND INFLUENCING

Delegating
Mentoring
Leadership

VII. INNORATION

Need for change
Continuous improvement.

VIII. SELF MANAGEMENT

Balancing life and work
Emotional balance

Reference books:

1. Master Wallace, "Peronal development for life and work" ,Cengage Publications (10th edition)
2. J.K .Pillalamarri , "Practical personality & development", Scitech Publications.
3. A.H. Maslow , "Motivation & personality", Pearson Publications